

## Tecnológico de Monterrey's commitment to deepen it's community's training and capacity building on sustainable development

As part of Tecnológico de Monterrey's actions on sustainability, since the publication in 2021 of the 2025 Sustainability and Climate Change Plan, the institution has not only incorporated academic courses focused on the three dimensions of sustainable development (social, economic, and environmental), but has also sought that its students, collaborators and teachers to enrich their knowledge on these topics.

With the aim of raising awareness of the importance of taking a proactive role and commitment to the climate crisis, since 2021, content on the environmental dimension of sustainability has been incorporated into the mandatory course ***My Commitment with Integrity, aimed at staff and teachers.*** The syllabus of this annual course includes a section on how to face climate change with an ethical and comprehensive perspective.



*Internal courses for Tec de Monterrey's teaching and collaborating staff. 2023 Edition.*

Similarly, the annual course on ***Human Dignity***, also mandatory for all Tecnológico de Monterrey staff, has incorporated topics related to the social dimension of sustainability, particularly the gender perspective. In this regard, in the 2023 edition of the Human Dignity course, several modules on diversity and inclusion were incorporated, as well as raising awareness to prevent gender-based violence and the incorporation of practices that allow the institution to achieve gender equality at all levels.

1.1	<b>Hablemos de dignidad humana</b>	Conocer qué es la Dignidad Humana desde un punto de vista antropológico y filosófico y reconocer los elementos mínimos nodales constitutivos de la dignidad en el Tecnológico de Monterrey
1.2	<b>Entendiendo los sesgos inconscientes</b>	Reflexionar sobre la manera en que observamos el mundo y cómo impacta en nuestro comportamiento social limitando así potencialidades en nosotros mismos y en el entorno
1.3	<b>ABC de la diversidad e inclusión</b>	Comprender por qué la Diversidad importa. Conocer los conceptos básicos de la Diversidad e inclusión para considerarse en la toma de decisiones. Este curso se enfocará en terminología básica y lenguaje Incluyente.
1.4	<b>Sensibilización y prevención de la violencia de género</b>	Incorporar elementos de prevención de la violencia de género para promover la participación de testigos activos y construir una comunidad segura
1.5	<b>Perspectiva de Género</b>	Conocer conceptos básicos de género, masculinidades, feminismo y perspectiva de género con la finalidad de aplicarlos en el entorno donde nos desempeñamos.
1.6	<b>Hacia la igualdad de género</b>	Reflexionar sobre lo que comúnmente se entiende como femenino y masculino y las consecuencias que estos prejuicios tienen en la desigualdad de oportunidades socioeconómicas de las mujeres y hombres en su vida laboral y personal

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In the case of the **student community**, in addition to the incorporation of subjects and courses related to sustainability as part of the Tec21 Model, in line with target 4.7 of the SDGs, the course ***My Commitment with Integrity is also mandatory***, which in its 2023 edition included the environmental dimension of sustainability.

Additionally, as part of their connection with local communities through social service, students must participate in the ***Tec Weeks of induction to social service*** and the ***Tec Weeks with Human Sense***. In these courses, the student community acquires general knowledge of the Sustainable Development Goals (SDGs) and begins their relationship with socio-training organizations that are implementing actions that impact on an SDG in the recipient communities.

Both formats of student training contemplate the social and environmental dimensions of sustainable development, strengthening students' knowledge and capacities in sustainability and climate action.



<https://tec.mx/es/florecimiento-humano/desarrollo-y-servicio-social>