Fast Guide

For Conscious Return for students at Tec de Monterrey

UPDATED JUNE 18, 2021

Tecnológico de Monterrey

Making way for the new reality

Our guiding principles are:

HEALTH AND WELL-BEING OF OUR COMMUNITY — Protocols to safeguard the health, safety and well-being of our community.

GRADUAL IMPLEMENTATION — 4 PHASES: adapted to the reality and evolution of the pandemic according to the traffic light indicated by the authority.

PROMOTION OF RESPONSIBILITY AND SELF-PROTECTION — New habits that guarantee the fulfillment of health and hygiene measures.

Our academic experience with HyFlex+ Tec

New guidelines to study any modality you choose. We will gradually return to the classroom activities for those who have voluntarily registered training units and subjects in the hybrid modality.

To learn more about

HYFLEX+ TEC PROFESIONAL | HYFLEX+ TEC PREPA

What should I know?

The campuses, professors and employees will be ready to receive you following the protocols designed to minimize the risks. The most important thing is to take care of the health of all the members of the Tec community and to achieve this we need your commitment.

1 BEFORE RETURNING TO CAMPUS

- Complete the "Commitment to My Welfare course available at: mitec
- Download the Sap Fiori Client App (available for IOS and Android) which will allow you to sign the "Responsible Letter of Conscious Return" and access the daily health questionnaire.

2 BEFORE MY TRIP TO CAMPUS

- Plan your day A
- Answer the daily health questionnaire using the Sap Fiori Client App and get a QR code. Green QR (valid for one day): show it at the entrance health filter, Red QR: stay at home, consult your doctor and call TQueremos hotline 800 8139 500 TIP: Take a picture of your QR so you don't have to sign credentials every time you show it.
- Carry antibacterial gel and 2 reusable and washable face masks
- Take your time, access to campus will take longer than usual
- Carry your face mask in any means of transport you use.

3 ARRIVING TO CAMPUS

- Connect to the WiFi network on campus, it will help us track possible contagions.
- Face masks are mandatory throughout your stay
- Go through the access filter, with the healthy distance of 1.5 meters
- Show the green QR that validates that you answered the daily questionnaire in the Sap Fiori Client App
- Allow to take your body temperature
- Uses antibacterial gel

4 NEW REALITY AND COEXISTENCE WITHIN THE CAMPUS

- Respects healthy distance and signaling
- The campus and classrooms will have reduced capacity
- Abstention from physical contact and sharing of objects
- Follow the prevention measures for each space
- Wash your hands frequently with water and liquid soap using the technique recommended by the WHO.
- Keep the work or study area you use and your personal items clean and disinfected
- Follow the signs with the number of people for each space and respects the unidirectional routes in corridors.

5 MY LIFE OUTSIDE THE TEC

- Be sure to read and follow the "Guidelines on Student Behavior for Conscious Return to Campus".
- With your roomies, agree on prevention and health measures you will maintain to protect yourself Maintain frequent hand washing with liquid soap and water and the use of antibacterial gel.
- Ventilate the rooms to facilitate air circulation
- We recommend going directly to your home, avoid meetings and public places. If you must go out, always use your face mask.

How can we assist you?

MEDICAL SERVICE

- First contact medical office son campus Will provide care only in cases of emergency (fractures, cuts, severe pain and fainting)
- First aid modules (MAP), we have installed a care module exclusive to suspected cases of COVID-19. If during your stay on campus you have symptoms that are considered suspicious, please contact MAP
- You also have access to doctors 24/7 through the TQueremos 800 813 9500

WELFARE AND COUNSELING

- You have 24 / 7 service of:

queremos 800 8139 500 | Orienta Línea de Atención | tec.orienta-me.com | App: Orienta

- If a suspicious case occurs, the protocol "Attention to suspicious cases on campus" will be activated and your tutor, student success mentor or career/program director will contact you.

queremos tqueremos.mty.itesm.mx

Health and wellbeing assistance

- If you are in the risk group, you will have to continue your activities remotely
- Your tutor, student success mentor, career/program director will be ready to assist you when you need them. You will need to email them if you have suspicious symptoms, or you are a confirmed case of COVID-19. You should not report to the campus or facilities until the First Aid Module on your campus determine that you can do so, they will send the authorization through your tutor, student success mentor, career/program director who will then provide you with the information.
- If you have had contact with a confirmed case you should report it through the TQueremos line, your tutor, student success mentor or career/program director.
- You should not report to campus or facilities until you are told about the return protocol.

Hygiene measures and service protocols

We have thoroughly disinfected all campuses and there will be anti-bacterial gel dispensers. Air conditioning, heating and ventilation will operate under new protocols, giving priority to natural ventilation. All the spaces with rotation of people during the day and at the end of the working day will be disinfected

Residences

- Follow the protocols and hygiene measures
- The occupation of the rooms will be individual
- Cancellation of visits
- Use of exit passes (permissions)
- There will be activities in social networks of integration and healthy coexistence
- tAccompaniment of campus medical services In case any resident is confirmed from COVID-19 must stay in his or her room under isolation and the corresponding protocol will be implemented for security of all residents, the medical staff of the First Aid or Medical Service will perform a medical evaluation to the resident and will recommend the respective medical treatment.

Cafeterias

- The cafeteria services will be available during the semester with all the necessary preventive measures. The modality of the service in our cafeterias will be food to go, with Pick&Go and Box Lunch alternatives. You will have to eat your food in the open spaces.

Library

- Spaces like library and learning commons will be restricted, and if the conditions allow it, will be available with a reduced capacity and maintain thus the healthy distance.

LiFE Activities

- Check out the LiFE@home activities

CONSCIOUS RETURN

We invite you to visit the site frequently to keep up to date with official information.

REMEMBER THAT TAKING CARE OF YOURSELF, YOU TAKE CARE OF OTHERS.